

# JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2  L	3 Chicken Nuggets Lima Beans Mandarin Oranges Rolls Milk	4 Chicken /Pasta Yams Green Beans Whole Wheat Bread Milk	5 Sloppy Joes Baked Beans Applesauce Buns	6 Rice /Chicken Sweet peas Diced Pears Whole Wheat Bread Milk	7 Chicken Tacos Corn Tropical Mix Fruit Tortillas Milk	8
9  U	10 Beef Meatballs Rice /Gravy Sweet peas Pears Milk	11 Beef Chili Corn Baked Apples Corn bread /Crackers Milk	12 Hamburger Baked Beans Diced Peaches Buns Milk	13 Beef Pot Roast Mashed Potato's Peas / Peaches Rolls Milk	14 Diced Chicken Rice Green Beans Pineapples Milk	15
16  N	17 Close	18 Chicken Nuggets Mashed Potato Mixed Fruit Whole Wheat Bread Milk	19 Sloppy Joes Baked Beans Applesauce Buns Milk	20 Spaghetti Sweet Peas Applesauce Wheat Rolls Milk	21 Chicken Patties Carrots Mandarin Oranges Buns Milk	22
23  C	24 Beef a Roni Lima Beans Mandarin Oranges Whole Wheat Crackers Milk	25 Fish Nuggets Greens Applesauce Whole Wheat Bread Milk	26 Cheeseburger Baked Beans Slice Apples Buns Milk	27 Beef Pot Roast Mashed Potato's Peas / Peaches Rolls Milk	28 Turkey Ham Chicken Noodle Soup Carrots /Apples Whole Wheat Bread Milk	29
30  H	31 Beef Meatballs Rice /Gravy Sweet peas Pears Milk	 This Institution is an equal opportunity provider			<b>Notes:</b> Fat-free or 1% milk is served with every meal. Whole milk is served to one year old's. Milk substitutes are made upon doctor's request.	